

## ABSTRACT

The present invention is intended to provide a cheap and safe method for manufacturing proteoses derived from animal protein by directly using plants containing endopeptidases. Further, the present invention is intended to provide food and drink that include the proteoses.

The inventors found that proteoses derived from animal protein could be made by directly mixing animal protein with plants containing endopeptidases under a specific condition, because the endopeptidases hydrolyze the animal protein and produce the proteoses. Consequently, the present invention was conceived.